

# athletematters

sports physiotherapists



## Worsley Woods Trail Races

(UKA Laws—permit applied for)

### Sunday 13th September 2009

Starting at

### The lopline footpath, Roe Green M28 2JL

**10:00 am**

**4½ mile Adult Race**  
all abilities welcome, min age 15

**\*\*Prizes\*\***

Full prize list and goodies on the day

**Pre-Entry:**

£6.00 (UKA club members)  
£8.00 (non-members)

**Entry on Race Day:**

£8.00 (UKA club members)  
£10.00 (non-members)

Supported by local businesses

**11:00 am**

**1 mile Fun Run/Walk**  
suitable for all ages

**\*\*Prizes for all\*\***

**Pre-Entry: £2.00**

**Entry on Race Day: £4.00**

Children under 8 must be  
accompanied by an adult  
Race T shirt for first 100 children to enter

**Supported by Fledglings  
Nursery**

**Closing date for Pre-Registration; 11th September 2009**

For entry form and further information, please contact:

**Worsley Physio Clinic: Tel: 0161 702 9474**

email: [info@athletematters.com](mailto:info@athletematters.com)

or register online

**[www.ukresults.net](http://www.ukresults.net) or [www.runnersworld.co.uk](http://www.runnersworld.co.uk)**

Proceeds will be donated to local charities  
and community organisations including:

Event sponsors:



St Ann's Hospice

Charity # 059005

Leisure IN Salford



realbuzz  
runbritain.com



Salford **NHS**  
Primary Care Trust

Salford City Council

**BETFRED**

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WORSLEY PARK  
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